



THE ORIGINAL
SALPINO
ITALIAN FOOD MARKET & CATERERS

Meal Bundle Packages

Choose Any 5 Individual Meals *Please allow 90 min. to prepare.*

HEALTHY MEALS

1. Carribean Jerk Chicken & Brown Rice *GF, DF*
2. Grilled Chicken & Brown Rice Pilaf *GF*
3. Sausage & Peppers *GF, LC, DF, K*
4. Chicken Fajitas *GF, DF, K*
5. Grilled Chicken Caprese *GF, LC*
6. Grilled Chicken & Broccoli *GF, LC, DF, K*
7. Grilled Chicken & Roasted Veggies *GF, LC, DF, K*
8. Italian Chicken Wings *GF, DF, LC, K*
9. Chicken Meatballs *LC*
10. Turkey Meatballs *LC*
11. Flat Iron Aji Verde with String Beans (+\$2 ea) *GF, DF, K*
12. Shrimp & Zucchini Noodles *GF, DF, LC, K*
13. Turkey Chilli & Brown Rice *GF, DF*
14. Teriyaki Chicken Kabobs & Brown Rice *GF, DF*
15. Teriyaki Steak Kabobs & Brown Rice *GF, DF*
16. Grilled Pork Chop Salpino *GF, DF, LC, K*
17. Turkey Stir Fry over Brown Rice *GF, DF*
18. Shrimp Stir Fry over Brown Rice *DF*
19. Chicken & Steak Stir Fry Over Brown Rice *DF*
20. Moroccan Chicken Cous Cous & Veggies *GF, DF*
21. Chicken, Sweet Potatoes & String Beans *GF, DF*
22. Grilled Chicken Salpino *GF, DF, LC, K*
23. Mediterranean Chicken Quinoa Bowl *GF, LC, K*
24. Korean Beef Bowl *GF, DF*
25. Sausage & Vegetable Skillet *GF, DF, LC, K*
26. Pesto Chicken & Vegetables *GF, LC, K*
27. Jerk Salmon & Brown Rice (+2 ea) *GF, DF*
28. Salmon & Julienne Vegetables (+\$2 ea.) *GF, DF, LC, K*
29. Teriyaki Salmon & Brown Rice (+\$2 ea.) *GF, DF*
30. BBQ Pulled Chicken *DF, LC, K*
31. Grilled Chicken Fingers & Sweet Potato Fries *GF, DF*

GF - Gluten Free
LC - Low Carb
DF - Dairy Free
K - Keto Friendly

CHEAT MEALS

1. Chicken Parmigiana
2. Meatball Parmigiana
3. Eggplant Parmigiana
4. Eggplant Rollatine
5. Chicken Marsala
6. Chicken Francese
7. Spaghetti & Meatballs
8. Penne Alla Vodka
9. Baked Ziti
10. Cheese Lasagne
11. Meat Lasagne
12. Cavatelli Calabrese
13. Mac & Cheese

HEALTHY WRAPS

1. Chicken Caesar Wrap
2. Grilled Chicken Veggie Wrap
3. Chicken Salpino Wrap
4. Chicken Fajita Wrap

SALADS 32oz.

1. Garden Salad
2. Caesar Salad
3. Greek Salad
4. Italian Salad
5. Balsamic Grilled Chicken Salad
6. Cobb Salad

add chicken, shrimp or steak for \$2

FIVE \$55 MEALS +tax



Call to place your order (516) 900-1540

1540 Newbridge Rd. North Bellmore, NY 11710